

Kehillat Bet Hamidrash – The Kempsville Conservative Synagogue Newsletter

Cantor
David Proser

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Ed Landress (757-474-0601)

Vice President
Sam Epstein (757-420-5891)

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Libby Furst (757-467-2192)

Ritual
Sam Epstein (757-420-5891)

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Programming/Social
Alene Kaufman

Newsletter
Sam Epstein



Kempsville Conservative Synagogue

(757) 495-8510
www.kbhsynagogue.org

"You shall count for yourselves seven weeks; start to count the seven weeks when the sickle is first put to the standing grain. Then you shall observe the Feast of Weeks [Shavuot] for the L-rd your G-d." Deuteronomy (Vayikra) 16:9-10.

| OBSERVANCE | DAY | DATE | TIME | LOCATION |
|-------------------------------|---------|-------------|---------|---------------|
| <i>Pesach – Day #7</i> | Monday | 05 APR 2010 | 7:30 AM | Temple Israel |
| <i>Yizkor/Pesach – Day #8</i> | Tuesday | 06 APR 2010 | 9:30 AM | KBH Library |

Pesach (Passover) started at sunset on Monday, 29 MAR 2010. KBH will observe *Yizkor* on Tuesday, 06 APR 2010 at 9:30 AM in the KBH library. Remaining services will be with our programming partner, Temple Israel, on 7255 Granby Street in Norfolk, VA. We start counting the days between *Pesach* and *Shavuot* on the evening of the second *Seder*.

Through the generosity of the **Legacy Heritage Fund Limited** and support from the **Pincus Paul Charitable Trust**, visits from our student rabbi Mr. Rubenstein, will continue as follows:

02–04 APR 2010 30 APR–02 MAY 2010 14–16 MAY 2010

During the afternoon of Saturday, 03 APR 2010, we will have **seudah shelishit and Pirkei Avot** study with Mr. Rubenstein at the home of Cantor and Mrs. Proser. The topic will include the translation and order of the *Siddur*. Please watch your e-mail, come to services on 02 or 03 APR, or contact (757) 420-5891 after 31 MAR 2010 for additional details.

At 9:30 AM on Sunday, 04 APR 2010, learning will continue with a *matzah brei* brunch following *Shacharit* services. Mr. and Mrs. Kaufman, Ms. Rona Proser, and Mr. Harvey Hoffman will read from the *Torah*.

Please read a message from Mr. Rubenstein at the end of this newsletter.

Newsletter Inputs
(printed with space permitting)

1. Via e-mail to EpsteinSam@aol.com
2. Via letter to the synagogue c/o the Bulletin

KBH members start **demonstrating their cantorial skills** in APR 2010 by conducting the *Shabbat musaf* service. First up is Mr. Ed Landress on 10 APR 2010, followed by Danuta Epstein on 17 APR 2010. To volunteer, please send your request to Sam Epstein at (757) 420-5891 or EpsteinSam@aol.com. To observe, please come to *shul*. We encourage impromptu performances.

Because hunger has yet to limit itself to any one season, we continue to **collect non-perishable goods for the JFS food locker** in our synagogue's lobby.

Kehillat Bet Hamidrash – The Kempsville Conservative Synagogue
952 Indian Lakes Boulevard
Virginia Beach, VA 23464-5655

Your Board Meets on the Second Wednesday of Each Month

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Synagogue softball starts on Sunday, 18 APR 2010, at the Simon Family JCC. KBH fields a team and commences its run for softball glory through 20 JUN 2010.

The community **Yom HaShoah Holocaust Memorial Observance** is at 6:15 PM on Sunday, 11 APR 2010 at Temple Israel (7255 Granby Street in Norfolk, VA). For details, please contact Ms. Melissa Kass at (757) 321-2323 or mkass@simonfamilyj.org.

KBH and Temple Israel **Lag B'Omer picnic** at KBH on Sunday, 02 MAY 2010. Details to follow.

You may find **United Synagogue of Conservative Judaism (USCJ) news** at www.uscj.org/eNews.

We wish to thank Ms. Judy Saperstein for all her work in coordinating this year's art auction. Always on the job, she reminds us that, if you saw something you wanted but did not bid on it, or changed your mind and now desire a product, you may visit www.marlinart.com and the synagogue will earn a 10% commission.

*Thank
you*

**Ms. Judy Saperstein
for a successful auction
and anniversary
celebration**

Elections are just around the corner. To vote in the MAY 2010 municipal election, you must register by 12 APR 2010. To vote in the JUN primary polls, you must register by 17 MAY 2010.

Mr. Ed Shames, who earned a battlefield commission and awards for valor in World War II, penned the foreword to ***Tonight We Die As Men***. The book is the story of the 3rd Battalion, 506th Parachute Infantry Regiment, 101st Airborne Division, with whom he jumped under German anti-aircraft fire into Normandy, France on D-Day. The battalion suffered many immediate casualties, including the battalion commander. This is the narrative of how paratroopers

fought on towards their objectives against horrendous odds. As Colonel Shames notes, many heroes never had the opportunity to return from Europe.

At 8:00 PM on Saturday, 01 MAY 2010, Mr. Irving Roth, holocaust survivor, author, and creator of Adopt-A-Survivor, will talk at Temple Emanuel, located at 424 25th Street at the Virginia Beach ocean front. A dessert reception follows. For details, please call (757) 428-2591. Mr. Roth will also talk to teens at 1:00 PM on Sunday, 02 MAY 2010. For details about this second presentation, please contact Ronnie Cohen at (757) 965-6129 or rcohen@ujft.org.

Jewish Family Service holds its **Annual 8k, 5k, and 1-mile Fun Run** on Sunday, 02 MAY 2010 from 7:30 – 10:30 AM. Activities start at the 24th street stage. KBH and Mr. Rubenstein will be on a team, as well as local Sunday School students. Mr. Rubenstein will conduct a *Shachrit* service on the beach after the race. For additional details or to register, please contact Ms. Kim Stites at (757) 321-2222 or kstites@jfschamptonroads.org.

Candle Lighting*

| | |
|-------------|---------------|
| FRI, 02 APR | 7:10 PM |
| SUN, 04 APR | 7:12 PM |
| MON, 09 APR | after 8:09 PM |
| FRI, 09 APR | 7:16 PM |
| FRI, 16 APR | 7:22 PM |
| FRI, 23 APR | 7:28 PM |
| FRI, 30 APR | 7:34 PM |
| FRI, 07 APR | 7:40 PM |

*www.chabadof Tidewater.com

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Chabad of Tidewater hosts **Challah Twists** on Thursday, 29 APR 2010 from 4:30 – 5:00 PM. For details, please contact Ms. Rashi Brashevitzky at (757) 616-0770 or rashi@ganizzy.org.

The Simon Family Jewish Community Center at the Sandler Family Campus on 5000 Corporate Woods Drive in Virginia Beach offers the following APR 2010 family activities. Rates, reservations, and other information is available at (757) 321-2338.

- **A Krav Maga (Israeli martial arts) clinic** with Ran Nakash, the highest ranking instructor for the Israeli Defense Force, on Thursday, 01 APR 2010, from 6:00 – 7:30 PM. Ran is also a boxer with a 22-0 record and will be at the Norfolk Scope that week.
- **3-on-3 Basketball Tournament for Haiti Relief** on Sunday, 18 APR 2010 at 1:00 PM.
- **Yom Ha'Atzmaut (Israeli Independence Day) Festival** from 1:00 – 4:00 PM on Sunday, 25 APR 2010.
- **Shuffle Chamber Concert**, a chamber music concert where the audience selects the performing pieces, from 4:00 – 5:30 PM on Sunday, 25 APR 2010.

Our sympathies go to Ms. Bev Berman and family on the loss of her father, Leonard Neumann.

Our synagogue expresses its appreciation for the following efforts:

- **Amos and Marcia Berkovich** for hosting the 27 MAR 2010 *kiddush* in appreciation for **Ms. Judy Saperstein** and all her work for the synagogue this year.
- **Messers Dovid Landress, William Bazar and David Cunningham** for helping during the Art Auction.
- **Mmes. Rona Proser, Chris Epstein, Judy Saperstein, Heliene Siegel, and Phyllis Cowley** for preparing the art auction's hors d'œuvres and refreshments.
- **Ms. Alene Kaufman** for her work in organizing the art auction advertisement book.
- **Mmes. Ellen Cohen, Harriett Eluto, Libby Furst and Sandi Advocat** for ticket sales during the auction.
- The **Kaufman, Grossman, and Losick** families for their assistance in coordinating the art purchases.
- **Mmes. Harriett Eluto and Heliene Siegel** for coordinating the services with Temple Israel at Beth Sholom home.



KBH and the community continue to offer programming, religious, and educational opportunities throughout the year. Cantor Proser makes up-to-date announcements at services, and we send updates via e-mail. To add your name or that of a **prospective member** to the KBH e-mail or mailing list, submit *Newsletter* inputs, or to receive the *Newsletter* via email (which has fewer typographic errors and more updates), kindly send your request to EpsteinSam@aol.com or call (757) 420-5891.

Dear KBH Community,

I hope my message finds you all well, and that the holiday of Passover has brought you joy, relaxation, and a renewed sense of gratitude and hope in the freedoms we enjoy as Americans and as Jews.

As you read this, we have already entered the fifty-day period between Passover and Shavu'ot, where we mark the Israelites' march from Egypt to Sinai, from freedom to Revelation. Our tradition calls on us to mark these days, each one of them, at sunset -- a tradition much like marking birthdays or anniversaries. In Jewish law, this is a period of intense focus during which tradition offers us a way of life of tense expectation and introspection.

The most remarkable dimension of this seven-week span of counting is the way it mirrors the grappling with freedom that we all experience at different stages of our lives. When I was first at college, it was not until about fifty days into my freshman year that I came to use my freedom well, and to begin to appreciate the revelation available to me in the exciting setting of a university. I have heard that the learning that goes on in the first months of retirement is something similar. That first wave of freedom is a difficult thing to manage, and it is only by checking in, day in and day out, about our failures and successes in building a day that we come to appreciate the difficulty of freedom, the amount of self-control that we must exercise if we hope to learn from the world, from one another, and from God.

This message is particularly poignant for me at this time of year, as these last fifty days are a count-down to my last visit to KBH as a Legacy Heritage Rabbinic Fellow, which will be in mid-May. I find myself reflecting on the interactions, relationships, learning and teaching that have enriched my year, and I think daily of what I have learned, and what I hope I have given, in preparation for a new stage in my life, and in the life of KBH. My hope is that these coming seven weeks will be a time of intensification and deepening for us as we go forward towards Shavu'ot, as we seek to lay the groundwork to solidify the learning and building we have done this year, together.

Brachot,
Jason Rubenstein

Chag kasher vesameach,
Jason